



\*\*FOR IMMEDIATE RELEASE\*\*

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### THE LOWCOUNTRY FISH AND GRITS MUSIC FESTIVAL RETURNS TO HILTON HEAD ISLAND

**Hilton Head Island, SC – January 19, 2026** — The Lowcountry Fish & Grits Music Festival (FGMF) is proud to announce its return to Hilton Head Island on **Saturday, October 3, 2026**, bringing an unforgettable celebration of music, culture, and cuisine to **Lowcountry Celebration Park** from **12:00 PM to 6:00 PM**.

Now entering its fourth year, FGMF has become a beloved cultural homecoming that highlights the rich Gullah Geechee heritage of the Lowcountry and its deep connections to the African diaspora. The one-day outdoor festival will feature a dynamic lineup of live musical performances spanning multiple genres, along with local arts, handcrafted goods, and immersive cultural experiences.

Beyond the music, attendees can explore a curated marketplace of local artisans and craft vendors showcasing handmade goods and original works. Food lovers will delight in an array of food trucks serving Southern favorites and authentic Gullah cuisine—flavors not easily found outside the Gullah Geechee Heritage Corridor

“Our goal is to give a taste of the Lowcountry Gullah culture—our music, our food, our people, and our stories—and in just a few years, the festival has drawn thousands from all over the country for great food, great music, and great times,” said Latrese Bush, Founder of the Lowcountry Fish & Grits Music Festival.

Designed for all ages, the festival offers a welcoming atmosphere where friends and families can gather, relax, and create lasting memories in one of Hilton Head Island’s most beautiful public spaces.

#### Event Details

- **What:** Lowcountry Fish & Grits Music Festival
- **When:** Saturday, October 3, 2026
- **Time:** 12:00 PM – 6:00 PM
- **Where:** Lowcountry Celebration Park, Hilton Head Island, SC
- **Rain or Shine**

Tickets will be available online and at the gate. Guests are encouraged to arrive early to enjoy the full festival experience.

For updates on artist announcements, vendor opportunities, and ticket information, visit [FishandGritsMusicFest.com](http://FishandGritsMusicFest.com).